



Team Canada Application Form

As a result of your placing at CPU Nationals, you have been selected to submit your name for the National team for your age division. The team will be selected as per the CPU bylaws, but there are some requirements that you must fulfill before consideration.

Step One: You must fill out and return the information below, before 90 days prior to the championships.

Step Two: Team selection will take place shortly after the 90 day deadline. If you are selected, you will be required to pay a fee of \$200 to the CPU. This fee is used to pay the IPF Participation and Drug Testing fee's payable for all lifters, and compensation to our team coaches.

You may be selected as an alternate, and will only lift if a regular team member is unable to compete.

You may withdraw up to 30 days before the event and be refunded. If you withdraw after that date or do not attend, you will not be refunded.

Step Two, REQUIREMENTS after selection:

- All athletes, coaches and officials must stay at the designated hotel. Arrangements are usually made by the CPU, and often require payment in advance. You will be informed of the complete hotel and contest details, as they vary from event to event,
- Team members must wear an official Team Canada uniform, previous team uniforms are acceptable. Contact Rhaea Stinn of Inner Strength Products at rhaea@innerstrengthproducts.ca
- When possible, two team members must attend the opening ceremonies and all team members present are expected to attend the closing banquet.
- Weight class changes are not permitted after the final entry is sent in, 21 days prior
- The team coach has the final say as to a lifter's attempts.
- Any difficulties fulfilling these requirements should be presented to the CPU prior to your acceptance onto the team.
- By signing this application, you agree with the above requirements, and agree to read Sections 9 and 10 of the CPU Bylaws.
- If you set a CPU national record at a World Championship, you must complete the CPU Record Application within 7 days of the end of the Championships.

Further information about CPU International Teams can be found at the CPU World Team information page at: http://www.powerlifting.ca/world_team.php

Note: ALL communication will be done via EMAIL only, no other methods will be used.

Send forms to:
Linda McFeeters, Championship Secretary
4-37 Brookside Terrace
Smithville, Ontario
L0R2A0
Email: linda.mcfeters@gmail.com

Send monies to:
fees@powerlifting.ca by etransfer or Paypal

Send cheques, payable to the CPU, to the same address as the forms.



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ALL FIELDS MUST BE FILLED IN COMPLETELY

APPLICANT INFORMATION

NAME: _____ PHONE: _____

HOME ADDRESS: _____

CITY/PROV: _____ POSTAL CODE: _____

EMAIL ADDRESS: _____

BIRTHDATE: _____ AGE CLASS: _____

WEIGHT CLASS AT NATIONALS: _____ PLACING: _____ (only required for "IPF Worlds")

BEST LIFTS IN THE PAST 12 MONTHS: SQ _____ BP _____ DL _____ TOTAL: _____

CONTEST INFORMATION

INTERNATIONAL CHAMPIONSHIP: _____

CONTEST DATES: _____ CITY: _____

WEIGHT CLASS FOR CHAMPIONSHIP: _____

For combined events, what division: [] Classic [] Equipped
[] 3-lift competition [] Bench Only

WHEREABOUTS INFORMATION (only required for Open or Junior/Sub-Junior Worlds competitors)

WORK/SCHOOL ADDRESS: _____

CITY/PROV: _____ POSTAL CODE: _____

TIMES OF ATTENDANCE: _____

PRIMARY TRAINING FACILITY ADDRESS: _____

CITY/PROV: _____ POSTAL CODE: _____

TIMES OF ATTENDANCE: _____

Provide also one specific 60-minute time slot between 6 a.m. and 11 p.m. local time where the applicant will, during the above-mentioned period, be available and accessible for no-advance notice Doping Testing at a specific location.

LOCATION: _____ TIME: _____

ADDRESS: _____

CITY/PROV: _____ POSTAL CODE: _____

ATHLETE SIGNATURE: _____

PARENT/GUARDIAN SIGNATURE (if under 19yrs): _____

DATE: _____