

New Agenda to be adopted:

Annual General Meeting of the Canadian Powerlifting Union (Virtual)

January 29, 2023

- a. **Call to Order**
- b. **Determination of a quorum - "A majority of Association Members and a majority of Executive Members will constitute a quorum."**

Shane Martin

Gabe Festing

Jeff Butt

Renaë Witzaney (proxy vote for Linda McFeeters)

Thierry Charron – NS (proxy for Chad Sinclair)

Rhaea Stinn - Sask

Carolym Tran - Sask

Nicolas Dery - Quebec

Angelina VanRyswyk - Ab

Amanda Berg - Man

Garrett Bentley - On

Jeremie Borgia - Quebec

Daniel Remulla - ON

Larry Walsh - NL

Justin Smith - PE

Shadie Bourget - BC

Jeannie Jamison - Records

Scott Grant - CCES

Pamela Hodder - Ab

Christine Castro – Competition Committee

John MacDonald - PE

Danielle Hussey - NL

Thea Olalia – Man

Chris Robb – CCES

Jen Thomas – BC

Joined later:

Brock Haywood – Officiating Chair

Louis Levesque – Technical Committee

- c. **Appointment of scrutineers – sent via Internet**

Jeannie Jamison

- d. **Approval of the agenda**

Second – Jeremie Borgia

Motion - Passes

- e. **Declaration of any conflicts of interest**

Rhaea - male PL and female PL and bencher, westerns and nationals bid

Shane – male bencher

Jeff - male athlete

Renaë – westerns bid

- f. **Adoption of minutes of the previous Annual Meeting**

Second – Angelina

Motion - passes

g. Board, Committee and Staff reports

**President Report
Official Statement, 2022**

Esteemed Board Members, Provincial Executives, Officers and Committee Chairs,

Welcome to the 2022 Canadian Powerlifting Union Annual General Meeting.

As the third year of my term has passed, the CPU is healthy and in great shape, both membership and organizational. I have submitted out NSO application in September and I am waiting to hear back from the government on our status. As I write this report, the CPU has 2619 members, which is roughly at or above pre-covid times, which is excellent to see. A major support for these numbers are from Ontario and Quebec as they ramp back up and across Canada we see meets popping up everywhere again. Thank you to all the provinces and meet directors for stepping up and rebuilding our brand and event calendar. The CPU is doing well and you are all a contributing factor to our collective success.

The CPU has created a Technical Committee to assist with the ever growing workload of Officiating from scheduling, International processes, developing our skilled referees, and decisions on rulings or changes. The CPU will be discussing and creating a pathway for a CPU approved equipment list as the ER Rack will no longer be IPF approved and with how many ER racks we have in Canada, the CPU wants to make sure we are able to support the IPF list as well as a CPU list to potentially have Canadian companies more involved and create a potential revenue stream for the organization.

Like any year, the CPU has had speed bumps along the way. There were a few disciplinary actions we have had to process and are currently processing. With the ethics committee, the CPU board, and taking into consideration our legal framework and abilities, the CPU is confident we have been able to fairly process and evaluate each file correctly. There are still misconceptions on how much reach the CPU as organization has. To reiterate here, the CPU's reach is within our policy and code of conduct and can only act on files with meaningful proof that can be held up to our standard in Canada, beyond a reasonable doubt. The CPU takes all files seriously and with intent. I am proud of where we are going and what we have done already in making athletes safe. This board has taken each file seriously and we have removed several members in the past few years whom actions breached our standard.

I want to thank Gabe, Renae, Jeff, and Linda for all their efforts and help as we continue our term. I also want to thank all the referees who have travelled this year making sure our championships ran and we were able to get events in all provinces. Thank you to all the provincial executives who all have worked hard and continue to improve the sport at every level.

2023 will be an exciting year for Canadian powerlifting.

With Respect,
Shane Martin
CPU President

**Second – Larry
Report accepted**

Treasurer's Report

2022 CPU Treasurer Report

Once again this year, we used the same CPA as last year to prepare Compiled Financial Information for the CPU. The Compiled Financial Information will hopefully be provided prior to the AGM. It is a tight turnaround from the year end, but I will do my best to work with Michelle to get them done.

There are a few things I want to go into more detail about regarding the financial information:

BALANCE SHEET

- Undeposited funds – these are memberships bought at the end of December that weren't deposited into the bank until January
- Prepaid expenses – our insurance premiums increased this year, in part because of inflation and also in part as a result of our increase in membership numbers
- Accounts payable – stipends that hadn't been paid at year end, a legal invoice received at year end that was paid in January and an invoice for our QBO subscription for the year paid in January.

INCOME STATEMENT

- Keep in mind that what you see reported in the income statement is based on what should be recognized during the year. So, the amount for memberships isn't the total money received during the year. Membership fees are way up because the 2021 amount included a lot of memberships that were purchased in 2020 but 'earned' in 2021. And since there weren't a lot of memberships purchased in 2020 (and 2021), the 2021 numbers were quite low
- International meet revenues – these amounts represent the amount collected less the costs, so we are showing the net here.
- CPU sponsorship revenue includes the CPU sponsors listed on our website which continue to increase in number year over year as well as the SBD sponsorship money that was paid out to our podium finishing Open Classic World lifters per our contract with SBD. These podium amounts are also shown under the expense category for SBD payouts. There were less podium finishers this year, so the total amount paid was less than in 2021.
- CCES expense – this is the amount that was actually paid in 2022. There is another payment that is dated for January 1, 2023 for \$39,762.50 which covers the remainder of the contract to March 31, 2023.
- Coaching certification course – registration for Shane to go to the IPF Coaching Course - Nationals expense – athlete of the year and hall of fame awards for 2022 as well as 60% of the livestream cost as outlined in our policies, no Nationals in 2021 thus a large increase here
- Regionals expense – partial coverage of the livestream cost at Regionals per our policy - CPU board travel – travel for myself, Shane, and Linda to go to 2022 Nationals as well as travel for Shane to go to the IPF coaching course on behalf of the CPU
- Insurance expense – both of the insurance policies went up this year, our policy expires in October so this increase will be reflected more in the 2023 statements next year - Legal fees - \$28,385.64 of this amount, if you recall from last year's AGM, was a result of athletes who tested positive and decided to appeal the decision and take it to a hearing. The remaining amount was for our deductible to the lawyers for the Peak Power legal proceedings currently in progress
- Para Powerlifting – these are various expenses paid for regarding Para throughout the year, the CPU hopes to be provided more guidance going forward as to the future of Para in the CPU and how these costs and any other costs with regards to Para Powerlifting will be handled
- Referee expenses – Nationals ran in 2022 which led to an increase in expenses. We have put in several policies around how the compensation for refs can be fair to those volunteering their time but also be budget conscious on behalf of the CPU. This is difficult to do given the complexity of scheduling refs from across the country, but we feel we are heading in the right direction with the help of the Technical Committee.

Our bank balance as of today's date, January 7, 2023, is \$162,387.10, once the CCES cheques clear, our bank balance will be down to \$122,624.60. These cheques include the final instalment in our drug testing contract mentioned above.

In other news, one of the big things I wanted to establish this year is an operating reserve. I have included a detailed outline of this new policy, but in a nutshell, this reserve will serve as an insulator to protect the CPU financially. As we saw in 2020, had we not had a surplus of cash at that time, we would have been in a much worse financial situation than we ended up being in. This policy ensures that we have a reserve of cash retained in the CPU in case of any future unforeseen events such as those from 2020.

Given the increase in cost of pretty much everything over the past year or so, we wanted to make changes to the Referee Reimbursement Policy. We have increased the max payout amount for hotel from \$135 to \$165. We have also increased the per KM amount for travel from \$0.30 to \$0.35. For our international referees, we have increased the max payout amount to \$2,000 for one ref to attend each of the 7 major international competitions each year.

We in turn wanted to increase the support we provide to our Team Canada coaches; therefore, we have increased our coaching budget from \$25,000 last year to \$40,000 this year.

We established a sponsorship committee this year. It was a slow start getting it going with people showing interest and then not ever responding to any follow up emails. We do however have a chairperson, Danielle Clavelle from Alberta. She has experience with Lift for Life and has some great initial ideas to help start to raise funds for athletes competing internationally. As Dani and I continue our monthly meetings, we plan to come up with fundraising and sponsorship ideas as well as an outline as to how these funds would be allocated out to our athletes. If you know anyone who would be interested in joining the committee, please let me know and please feel free to make a call out to your members as well.

The CPU is back on track now having the highest number of members ever. Our estimate of members competing on average 1.5 times per year is spot on based on the numbers. Despite these numbers, we continue to fall short of our drug testing goals. In a meeting with CCES at Nationals last year, they stated that in order to have an effective drug testing program, the CPU should be requesting, at minimum, 200 tests per year. Based on our current contract numbers, that would cost approximately \$268,500. As you can see in the financial statements, our drug testing revenue from membership fees and the per lifter amount of \$115,087.28 falls very short of this amount. We will discuss proposed ways for us to mitigate this difference later in the meeting.

This 3-year term for me has been quite stressful on one hand having come into the position during a pandemic, but also very rewarding on the other hand. My passion for this sport, and especially the behind-the-scenes aspect of it, has not wavered, and I hope to continue as the CPU Treasurer for years to come.

Renaë Witzaney, CPA, CA

CPU Treasurer

Second – not asked for

Report accepted

Three other board reports - reports accepted

Committee and officer reports – reports accepted

h. **Report of Auditors - None**

i. **Appointment of Auditors – N/A**

Motion rising from the floor

Motion to waive the appointment of an auditor

Second – Renaë

Motion - passes

j. **Nominations and voting for awards**

1. **Bill Jamison Award – none**

2. **CPU Hall of Fame – Lewis Noppers - passed**

3. **Male Powerlifter** – Ryan Stinn - passed
4. **Male Bencher** –Barry Antoniow - passed
5. **Female Powerlifter** – Rhaea Stinn - passed
6. **Female Bencher** – Rhaea Stinn - passed

k. Bids for future championships. Regional and National

1. Nationals - 2025 – SK – Regina – bid accepted date TBD
2. SK – Moose Jaw - TBD – bid accepted
3. Centrals - 2024 - ON – Belleville – dates flexible to align with CPU – bid accepted
4. 2025 - QC – Quebec – April 4-6 – dates flexible – bid accepted
5. Easterns - 2024 – NL – St. John’s – March 22-24 - bid accepted

l. Business as specified in the meeting notice

1. **New Business**

Bylaw Amendments

Saskatchewan Proposals

Bylaw 4.7

Current Wording: 4.7 Circulation of Nominations - Valid nominations and their election platform messages will be circulated to Members at the Annual Meeting prior to the elections.

Proposed Wording: 4.7 Circulation of Nominations - Valid nominations and their election platform messages will be circulated to Members by electronic means five (5) days prior to the Annual Meeting.

Rationale: Association members should be given time to review the nominees and their platform messages prior to the meeting. Nominations must be submitted 7 days prior to the annual meeting, so sending it to association members 5 days prior gives time to review after they are received.

Second – Angelina

Motion - passes

Bylaws: ARTICLE X: AMENDMENT OF POLICIES AND PROCEDURES

Current Wording: N/A

Proposed Wording: Add: ARTICLE X: AMENDMENT OF POLICIES AND PROCEDURES

10.1 Directors Voting - The Directors at a meeting of the Board, may adopt new policies or procedures, or amend existing policies or procedures and such policies or procedures shall remain in effect from the date of the meeting until the next following meeting of Members. At this meeting, the Members may by a majority affirmative vote confirm, reject, or amend the policies and procedures. If the policies or procedures are passed by the Members, they shall remain in effect. If the policies or amendments are not passed by the Members they shall cease to be in effect from the date they are defeated and will return to what they were after the previous meeting of members.

If the policies or amendments are not brought before the Members they shall cease to be in effect as of the adjournment of the meeting of the Members.

10.2 Notice to Members - Notice of newly adopted or amended policies or procedures that are done outside of the meeting of Members will be communicated to the Members via email within seven (7) days of the meeting of the Board.

Rationale: Over the last few years, there have been changes made to the CPU's policies and procedures that have been made outside of the meeting of the Members, and not specifically brought to the attention of the Members. We believe this has been done with good intentions, however, it has drastically changed how some of the policies and procedures are read and are being implemented. By adding this to the bylaws, it would allow the Board to make operational changes as necessary throughout the year, but these changes would then have to be presented to the Members at the next meeting so they were aware of the changes, and then voted on there.

Second – Nicolas

Motion - fails

2. **Policy Amendments** – in alphabetical order by submitting party; in numerical order

Submitted by Alberta

Proposal #1

Section 8.1 (Addition)

Proposed Policy Wording:

8.1.23 If a lifter fails to make weight at a Regional Championships, the lifter will be allowed to lift as a guest lifter and will lift with others in their originally nominated weight class. However, the guest lifter will be ineligible to receive a medal, award, or records associated with their results, and their results will not be recognized by the IPF, CPU, and associated member provinces.

Rationale: Lifters spend a lot of time and money travelling to regional championships. As a guest lifter, at least they will have the opportunity to lift at the championship and set some new personal bests for future training cycles, and that the trip is not wasted for them. The number of lifters who fail to make weight is typically not high (under 10 for the entire championship) and would not impact the overall schedule of the meet.

Second – Thierry

Motion - withdrawn

Proposal #2

Section 8.2 (Addition)

Proposed Policy Wording:

8.2.21 If a lifter fails to make weight at a National Championships, the lifter will be allowed to lift as a guest lifter and will lift with others in their originally nominated weight class. However, the guest lifter will be ineligible to receive a medal, award, or records associated with their results, and their results will not be recognized by the IPF, CPU, and associated member provinces.

Rationale: Lifters spend a lot of time and money travelling to regional championships. As a guest lifter, at least they will have the opportunity to lift at the championship and set some new personal bests for future training cycles, and that the trip is not wasted for them. The number of lifters who fail to make weight is typically not high (under 10 for the entire championship) and would not impact the overall schedule of the meet.

Motion - withdrawn

Proposal #3:

Section 17.0 (Addition)

Proposed Policy Wording:

17.10 All registrants must have a qualifying total at the time of entry form submission ahead of their intended championships.

Rationale: This eliminates further checking and verification by both meet directors and provincial associations after registration closes against any other meets after registration that lifters may compete at. There may be multiple meets between the time of registration closing and before the Championships that lifters may be trying to achieve a qualifying total, which means meet directors or provinces will have to continuously check results to verify that lifters are meeting their qualifying standards up until the time of the championships.

As championships are becoming larger and larger, it is not sustainable for meet directors or member provinces to keep checking on lifter's QT status to ensure they have the correct QT at their intended championships.

Second – Jeremie

Motion - fails

Proposal #4:

Section 8.1 (Revision)

Current wording:

8.1.25 At all Regional championships coaches and handlers must wear athletic apparel, including athletic attire, close-toed athletic footwear while coaching or handling athletes. Hats, sleeveless tops, and any attire that is unclean, torn or is in anyway deemed to be inappropriate by CPU officials are strictly forbidden.

Proposed wording:

8.1.25 At all Regional championships coaches and handlers must wear athletic apparel, including athletic attire, close-toed athletic footwear while coaching or handling athletes. Hats, sleeveless tops, and any attire that is unclean, torn or is in anyway deemed to be inappropriate by CPU officials are strictly forbidden. **Coaches and handlers may be asked to leave the championships warm up room and platform area if they are found to be improperly dressed as per the above policy.**

Rationale: The policy clearly states the expectation, but doesn't state any enforcement. The CPU needs to have some sort of recourse if a coach or handler chooses to disobey the policy and becomes problematic.

Second – Gabe

Friendly amendment as underlined above – accepted by Angelina

Motion – passes

Proposal #5:

Section 8.1 (Addition)

Proposed wording:

8.1.30 Athletes are allowed a maximum of one (1) coach or handler for classic lifting and two (2) coaches or handlers for equipped lifting per lifter in the warm up room and on the platform at the Championships. No other personnel will be allowed to accompany the lifter during the meet.

Rationale: Warm up rooms over the past few years have become more crowded as athletes start bringing more and more of an entourage with them to events. For both the safety of everyone in the warm up room, and for crowd control, handlers should be limited per athlete.

Second - Theirry

Motion - passes

Proposal #6:

Section 8.2 (Revision)

Current wording:

8.2.25 At all National championships coaches and handlers must wear athletic apparel, including athletic attire, close-toed athletic while coaching or handling athletes. Hats, sleeveless tops, and any attire that is unclean, torn or is in anyway deemed to be inappropriate by CPU officials are strictly forbidden.

Proposed wording:

8.2.25 At all National championships coaches and handlers must wear athletic apparel, including athletic attire, close-toed athletic while coaching or handling athletes. Hats, sleeveless tops, and any attire that is unclean, torn or is in anyway deemed to be inappropriate by CPU officials are strictly forbidden. **Coaches and handlers may be asked to leave the championships warm up room and platform area if they are found to be improperly dressed as per the above policy.**

Rationale: The policy clearly states the expectation, but doesn't state any enforcement. The CPU needs to have some sort of recourse if a coach or handler chooses to disobey the policy and becomes problematic.

Second – Carolyn

Motion - passes

Proposal #7:

Section 8.2 (Addition)

Proposed wording:

8.2.31 Athletes are allowed a maximum of one (1) coach or handler for classic lifting and two (2) coaches or handlers for equipped lifting per lifter in the warm up room and on the platform at the Championships. No other personnel will be allowed to accompany the lifter during the meet.

Rationale: Warm up rooms over the past few years have become more crowded as athletes start bringing more and more of an entourage with them to events. For both the safety of everyone in the warm up room, and for crowd control, handlers should be limited per athlete.

Motion to forgo reading – Gabe

Second – Jeremie

Motion carries

Second - Jeremie

Motion - passes

Proposal #8:

Section 5.1 (Revision)

Current wording:

5.1 Each Member Province must submit to the Treasurer and Webmaster upon sanction:

- a) Competition details or sanction document as received, 8 weeks prior to the event date;
- b) Results of sanctioned competitions within 7 (seven) days following a competition.

Proposed wording:

5.1 Each Member Province must submit to the Treasurer and Webmaster upon sanction:

- a) Competition details or sanction document as received **and a copy of the entry form, 56 days (8 weeks)** prior to the event date;
- b) Results of sanctioned competitions within 7 (seven) days following a competition.

Rationale: Addition of number of days for consistency with timelines written in other sections of the policy and provide clarity to Member Province on deadline for submission. Addition of entry form wording to align with Section 7.21 (**7.21** The Member Provinces will be required to inform the CPU of their intention to host a contest by submitting a copy of the entry form to the Treasurer and Webmaster a minimum of 42 days (six weeks) prior to the proposed event date. Upon approval of the details contained therein the Webmaster shall post the details of the competition/event in question on the CPU calendar page.)

Second – Daniel

Motion - passes

Proposal #9:

Section 7.8.1 (Addition)

Proposed wording:

7.8.1 Member Province or CPU (if CPU sanctioned event) must provide Meet Directors with access to CPU competitor membership database, prior to the date entry form is open for registration, to verify competitors CPU membership is valid at time of registration.

Rationale: If Section 7.8 of CPU Policy requires athletes to hold a valid CPU competitor membership at time of registration, Meet Directors need to be able to verify the competitor had a valid CPU membership. Meet Directors can require registrants to upload copy of CPU competitor membership card on registration form, however membership cards can be doctored/forged.

Second - Carolyn

Motion - withdrawn

Proposal #10:

Section 7.20.1 (Addition)

Proposed wording:

7.20.1 If provincial sanctioned competitions include additional events (i.e., Special Olympics, Para Powerlifting), Member Provinces must ensure the scoresheet clearly identifies and separates the results from Powerlifting (Classic and Equipped) and Bench Press (Classic and Equipped).

Rationale: Ensure results from sanctioned competitions are correctly submitted to the CPU. Often the programs used for scoring do not have capability of separating other events from IPF events. For example, Para Powerlifters results should not be grouped with Classic Bench Press results.

Second - Gabe

Friendly amendment by Ang – CPU Sanctioned competition

Motion - withdrawn

Proposal #11:

Section 7.20.2 (Addition)

Proposed wording:

7.20.2 If provincial sanctioned competitions include Para Powerlifting event, the scoresheet must show competitor results with their respective weight classes, age category, and coefficient per World Para Powerlifting Organization (WPPO) Rules and Regulations.

Rationale: As the CPU and Member Provinces continue to help Para Powerlifting Canada grow the sport and offer more Para Powerlifting events at sanctioned competitions, it is important that we report the competitors results with the correct competitor results per the WPPO rules and regulations.

Second - none

Motion - fails

Proposal #12:

Section 7.21 (Revision)

Current wording:

7.21 The Member Provinces will be required to inform the CPU of their intention to host a contest by submitting a copy of the entry form to the Treasurer and Webmaster a minimum of 42 days (six weeks) prior to the proposed event date. Upon approval of the details contained therein the Webmaster shall post the details of the competition/event in question on the CPU calendar page.

Proposed wording:

7.21 The Member Provinces will be required to inform the CPU of their intention to host a contest by submitting **the competition details or sanction document as received and** a copy of the entry form to the Treasurer and Webmaster a minimum of **56 days (8 weeks)** prior to the proposed event date. Upon approval of the details contained therein the Webmaster shall post the details of the competition/event in question on the CPU calendar page.

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Rationale: If Member Provinces are required to submit to the Treasurer and Webmaster the competition details or sanction document in Section 5.1 a minimum of 8 weeks prior to proposed event date, then timeline for Section 7.21 should align with Section 5.1. Section 5.1 and Section 7.21 essentially are the same as they both are to notify the Treasurer and Webmaster the competition details for adding the competition/event in question on the CPU calendar page.

Second - Carolyn

Motion - passes

Proposal #13:

Section 8.1.6.1 (Addition)

Proposed wording:

8.1.6.1 Member Provinces must ensure that all of its athletes competing at a Regional Championships have met the Member Province requirements.

Rationale: In addition to the CPU regional qualifying total achieved 24-months prior to the date of intended championships, Member Provinces have different requirements their athletes must meet. Athletes may have met the CPU regional qualifying requirements but may have not met their provincial requirements.

Second - Gabe

Motion - passes

Proposal #14:

Section 8.1.6.2 (Addition)

Proposed wording:

8.1.6.2 When the entry form is open for registration, the meet director must provide Member Provinces with shared spreadsheet listing all athletes registered with registration details. The spreadsheet should separate or identify which Member Province the athlete is representing and should be updated on a bi-weekly until the close of registration.

Rationale: As championships are becoming larger, the task for Member Provinces to check and verify a lifter's qualifying total and provincial requirements is becoming time consuming. If the Member Provinces have access to an updated list over the time the registration is open, it will help ease the task of verifying. Meet Directors be aware they need to provide the listing of all registrants to the Member Provinces.

Second - Thierry

Motion - Passes

Proposal #15:

Section 8.1.6.3 (Addition)

Proposed wording:

8.1.6.3 If a Member Province identifies during their verification process a registered athlete has not meet the qualifying total and/or provincial requirements to compete at a Regional Championship, the Member Province must notify the athlete and the meet director within 48 hours (2 days) of their findings.

Rationale: Member Provinces need to ensure the athlete and meet director are informed within an appropriate period if the athlete does not meet the qualifying total and/or Member Province requirements. Attending championships can be expensive and the athlete maybe be booking their travel and accommodations. The athlete should be notified as soon as possible and not after the close of registration or days before date of competition.

Second - Larry

Motion - fails

Proposal #16:

Section 8.2.7.1 (Addition)

Current wording:

Proposed wording:

8.2.7.1 Member Provinces must ensure that all of its athletes competing at a National Championships have met the Member Province requirements.

Rationale: In addition to the CPU national qualifying total achieved 24-months prior to the date of intended championships, Member Provinces have different requirements for athletes must meet. Athletes may have met the CPU national qualifying requirements but may have not met their provincial requirements.

Second - Carolyn

Motion - passes

Proposal #17:

Section 8.2.7.2 (Addition)

Proposed wording:

8.2.7.2 When the entry form is open for registration, the meet director must provide Member Provinces with shared spreadsheet listing all athletes registered with registration details. The spreadsheet should separate or identity which Member Province the athlete is representing and should be updated on a bi-weekly until the close of registration.

Rationale: As championships are becoming larger, the task for Member Provinces to check and verify a lifter's qualifying total and provincial requirements is becoming time consuming. If the Member Provinces have access to an updated list over the time the registration is open, it will help ease the task of verifying. Meet Directors be aware they need to provide the listing of all registrants to the Member Provinces.

Second - Rhaea

Motion - passes

Proposal #18:

Section 8.2.7.3 (Addition)

Proposed wording:

8.2.7.3 If a Member Province identifies during their verification process a registered athlete has not meet the qualifying total and/or provincial requirements to compete at a National Championship, the Member Province must notify the athlete and the meet director within 48 hours (2 days) of their findings.

Rationale: Member Provinces need to ensure the athlete and meet director are informed within an appropriate period if the athlete does not meet the qualifying total and/or Member Province requirements. Attending championships can be expensive and the athlete maybe be booking their travel and accommodations. The athlete should be notified as soon as possible and not after the close of registration or days before date of competition.

Second - Larry

Motion - fails

Proposal #19:

Section 9.7 (Revision)

Current Policy Wording:

9.7 At Regional or National Championships a Registrant's status as "Classic" must be clearly identified on the contest scoresheet. Registrants CANNOT "cross-over" from equipped to unequipped/classic, or from unequipped/classic to equipped. They can only enter into one division at a competition in regards to records. If not so identified as unequipped/classic, they will be assumed to be equipped.

Proposed Policy Wording:

9.7 A Registrant's status as "Classic" unequipped must be clearly identified on the contest scoresheet. Registrants CANNOT "cross-over" from equipped to unequipped/classic, or from unequipped/classic to equipped. They can only enter into one division at a competition in regards to records. If not so identified as unequipped/classic, they will be assumed to be equipped.

Rationale:

To clean up and clarify wording. Where national records can be broken is clearly defined in 9.4 so there is no need to include this redundant information in this point.

9.4 National records can only be set at Provincial Championships, Regional Championships, National Championships, or any higher level of competition.

Second – Carolyn

Friendly amendment Gabe per underlined above

Motion - carries

Proposal #20:

Section 9.0 (Addition)

Proposed Policy Wording:

9.19 Master, Sub-Junior and Junior lifters who are registered as an Open lifter may set National Records in the registrants actual age category. Masters, Sub-Juniors, and Juniors lifting as open lifters must break a record in the registrants actual age category by 2.5 kg. The only exception to this is if it is an open record as well, in which case, it can be broken by .5 kg.

Rationale:

Addition to align our records policy and process with the procedures outlined in the IPF Rule Book. This is a process that the records chairperson currently follows, however there is no formal policy to indicate that this should be done.

The 2023 IPF Technical Rule Book states:

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Order of Competition

Miscellaneous rules (loading errors, misconduct, appeals etc.)

4 (d) A lifter may only take increments of less than 2.5 kg for record attempts in the championship in which he is competing, e.g. a Master lifting in an open competition cannot take less than 2.5 kg to achieve Master's records.

Second - Rhaea

Motion - passes

CPU BOARD PROPOSALS

Membership Pricing

Current wording:

14.2 CPU Subscription Fees:

1. Competitors Membership Fee - \$80.00;

Proposed wording:

14.2 CPU Subscription Fees:

1. Competitors Membership Fee - \$95.00;

Rationale:

100% of this increase would go toward drug testing. The CPU wishes to work toward a drug testing budget that is more consistent with what the CCES would like to see in order to make it as effective as possible. To do so, we need to increase the funds available to the CPU for drug testing.

Second - Thea

Motion - passes

Drug Testing Per Lifter Amounts

Current wording:

14.2 CPU Subscription Fees:

6. Drug Testing Fee - \$15.00 per Registrant per competition; and

Proposed wording:

14.2 CPU Subscription Fees:

6. Drug Testing Fee - \$25.00 per Registrant per competition; and

Rationale:

As per above, the CPU wishes to work toward a drug testing budget that is more in line with what the CCES would like to see to make it as effective as possible. In order to do so, we need to increase the funds available to the CPU for drug testing.

Motion to postpone until next AGM by Gabe

Second – Larry

Motion - passes

Policy Edit:

16.1 OFFICIATING

The rules governing powerlifting competitions in Canada are those stated in the official IPF technical rules. Any changes or additions in the IPF technical rulebook will have a 12 month grace period before the CPU adopts such changes. After the 12 month period expires, the CPU board, CPU Officiating Chairperson and CPU Technical Committee will vote on ratifying any IPF technical rulebook changes.

REASON: This allows the IPF enough time to iron out any issues, allows our athletes time to transition and protects us from any short sighted or potentially harmful changes. This also gives the CPU a full 12 months to review and prepare for the changes to make sure we are as prepared and ready as possible.

Second – Nicholas

Motion - fails

Submitted by CPU Board, Recommended by Disabilities Integration Committee Chairperson

Item #1

Proposal: Change Policy 11.0

Current:

11.0 PARA-POWERLIFTING

11.1 The CPU and Member Provinces shall maintain a division for para-powerlifting, using the International Paralympic Committee weight divisions with national records.

Proposed:

11.0 CPU ASSOCIATED GOVERNED SPORTS

11.1 Para Powerlifting

The CPU and Member Provinces shall maintain a division for Para Powerlifting, using the World Para Powerlifting (WPPO) weight/age divisions with provincial and national records.

11.1.1 Para Powerlifting shall be governed by the WPPO Rules & Regulations. Unless additionally accepted as CPU Approved Equipment and Apparel, all CPU Para Powerlifting will operate using WPPO approved Equipment & Apparel Standards.

<https://www.paralympic.org/powerlifting/rules>

11.2 SPECIAL OLYMPICS

The CPU and Member Provinces shall maintain a division for Special Olympics with provincial and national records for all Special Olympics Events: Squat, Bench Press, Deadlift, Combination 2 (Bench Press and Deadlift), Combination 3 (Squat, Bench press and Deadlift).

11.2.1 World Special Olympics Powerlifting governing body is the IPF and by extension, the CPU. In cases of conflict, Special Olympics rules shall prevail over the rules of their governing body (i.e. generic IPF rules).

<https://resources.specialolympics.org/sports-essentials/sports-and-coaching/power-lifting>

11.3 BLIND POWERLIFTING

The CPU and Member Provinces shall maintain a division for CPU Blind Powerlifting with provincial and national records for all recognized classes.

11.3.1 International Blind Sports Federation (IBSA) Powerlifting is governed by the IPF and by extension, the CPU. However, in case of conflict, IBSA Rules shall prevail over IPF Rules rules shall be employed over the rules of their governing body (i.e. generic IPF rules) whenever they may be in conflict.

<https://ibsasport.org/sports/powerlifting/>

Rationale:

Expands this section from para powerlifting to include all associated sports CPU governs. Standardization and clarification on governing. Policy implementation for sports we govern. A reference point for members looking for guidance.

Second – Thea
Motion - failed

Item #2

Add to Policy 8.2, new items 8.2.31, 8.2.32, 8.3.33

8.2.31

Para Powerlifting shall be offered at all CPU Regional and National Competitions annual. In cases of any CPU Championships where Powerlifting and Bench Press competitions are split to occur at independent events, Para Powerlifting will be held at the same competition as the CPU Bench Press Only Championships

Second – Thea

Motion - failed

8.2.32

Special Olympics shall be offered annually at all CPU Regional and National Competitions. In CPU Championships wherein Bench Press Only is offered, Special Olympics Bench Press Only will be offered. At all Championships wherein Powerlifting is offered, the following Special Olympics events will be sanctioned:

Squat

Deadlift

Combination 2 (Bench Press and Deadlift)

Combination 3 (Squat, Bench press and Deadlift)

<https://resources.specialolympics.org/sports-essentials/sports-and-coaching/power-lifting>

Second - none

Motion - fails

8.2.33

Blind Powerlifting shall be offered annually at all CPU Regional and National Championships.

Rationale:

CPU is the governing body for these sports and they should be mandated to be held at our Regional and National Championships.

Second - none

Motion - fails

Gabe Festing

8.0 CHAMPIONSHIPS

Remove:

8.1.8 At Regional Championships two rooms at the meet hotel shall be provided by the meet director for national referees to share from the night before the contest until the morning after the contest. Assignment of rooms will be at the discretion of the Technical Committee.

8.2.9 At National Championships three (3) rooms at the meet hotel shall be provided by the meet director for national referees to share from the night before the contest until the morning after the contest. Assignment will be at the discretion of the Technical Committee.

8.2.11 At National Championships a complimentary banquet ticket must be provided to non-lifting referees.

Rationale:

With the rising costs it is now unreasonable to have it mandatory for meet director(s) to pay for the hotel rooms and banquet tickets for the referees.

These expenses are not comparable throughout Canada. With the timeline for Nationals, and depending on where it will be held in Canada, hotel and catering costs are at its highest due to the time of year for holiday travel. Even with group booking rates, room rates are still in excess of \$260/night, depending on the quality of the hotel.

While some provinces are provided with multiple grants and funding from the government, there are provinces that are provided with minimal to zero funding. Provinces that tend to have less grants and funding generally have higher operating costs. With that in mind, the cost for the hotel rooms and banquet tickets that the meet director(s) are required to provide can add up into the thousands.

The referees who attend these events are compensated for their time and travel. Expenses to run a quality regional or national event have become too expensive for the meet director(s) to be bearing those costs.

Second - Carolyn

Motion – passes

APPENDIX "A" - Nationals Qualifying Totals

Proposed addition #1:

****To compete at a regional championships, all Youth 3 athletes must achieve a Total 18 months prior to the date of the intended championships and must satisfy any additional provincial requirements to qualify for a regional championships.**

Rationale:

Defines a path for Youth 3 athletes to attend a regional championship.

Second – Thierry

Motion - withdrawn

APPENDIX "F" - Youth Division

Age Divisions

Current:

- Youth 1 – from the day the lifter turns 8 years old throughout the full calendar year they turn 9 years old (up to Provincial competition level only)
- Youth 2 – from January 1st of the calendar year the lifter turns 10 years old (up to Regional competition level only)
- Youth 3 – from January 1st of the calendar year the lifter turns 12 years old until the day the lifter turns 14 years old (up to National competition level)

Proposed:

- Youth 1 – from the day the lifter turns 8 years old throughout the full calendar year they turn 9 years old (up to Provincial competition level only)
- Youth 2 – from January 1st of the calendar year the lifter turns 10 years old (up to ~~Regional~~ Provincial competition level only)
- Youth 3 – from January 1st of the calendar year the lifter turns 12 years old until the day the lifter turns 14 years old (up to ~~National~~ Regional competition level)

Friendly amendment Gabe per above

Second - None

Motion - fails

Lifting Equipment at Regionals and Nationals

- Y1 & Y2 a 15kg bar will be used
- Y3 a standard 20kg bar will be used.
- Full diameter (45cm) bumper plates will be used for deadlifts when necessary to ensure the bar height from the floor is the same for all lifters.

Proposed

Lifting Equipment at Regionals and Nationals Provincial and Regional Competitions

- Y1 & Y2 a 15kg bar will can be used at provincial competitions.
- Y3 a standard 20kg bar will be used at provincial and regional competitions.
- Full diameter (45cm) bumper plates will be used for deadlifts when necessary to ensure the bar height from the floor is the same for all lifters.

Motion - Withdrawn

Qualifying Standards

Current:

- There will be no set qualifying total for a Regional or National competition, however the youth athletes must have previously participated in a CPU sanctioned meet and must meet any other Provincial requirements to attend a Regional or National Championships.

Proposed:

- Youth 3 athletes must achieve a total 18 months prior to the date of the intended Regional Championships they wish to compete in and must satisfy any additional provincial requirements to qualify for a regional championship.

Rationale:

I am requesting that the executive reconsider its decision to allow Youth 3 athletes to compete at Nationals and only allow Youth 3 athletes to compete at Regionals only.

The Youth division is currently underdeveloped at a provincial level and in my opinion, several years away before these divisions become a fixture at the Regional and National level. Youth 1 & 2 should be fostered at a local level and young athletes can wait until they age up to Youth 3 before competing at regional level events. In the meantime, provinces who have been successful in developing the program can share that knowledge with others.

If we look at other sports it is rare that young athletes have the option to attend regional or national level competitions. Some sporting organizations consider 12 to 14 years old to be a youth division and it is at this age that these athletes can participate in higher level events. In order to reach this level they would have had to participate in the sport for several years in dozens of games/matches per year and not just 2 or 3 competitions. As well, NONE of these sports have children and adults competing at the same time.

Additionally, based on the feedback that I have received regarding safety and behavioral concerns, I am not comfortable with allowing Youth 2 athletes at regional and Youth 3 at national events. The safety of our athletes is my main concern and with the current lack of development of the Youth division that we see across the country I do not think allowing youth athletes at our large events is a good idea. The thought of children 10 years old (or less) running around a warm-up room does not sit well with me regardless of the number of safeguards we put in place. Most of us can handle an adult athlete cracking their head open or snapping their leg but if something like that were to happen to a youth athlete I would not be able to carry on with the competition.

Motion - withdrawn

Manitoba Proposals

Proposal: Strike Policy 7.5

Current Wording:

The CPU will collect \$15 per unique registration from all sanctioned competitions to assist in the funding of the CPU anti-doping program payable in 15 (fifteen) days following a competition. Failure to do so will result in the province being subject to a \$500 fine payable to the CPU

Propose:

Striking this clause

Rationale:

This conflicts in regard to wording of 14.3(d) in regard to "drug testing" which is specific and practically is what the CPU treasurer invoices for. "anti doping" is vague and would be a much bigger umbrella than just drug testing. Also, penalty for not paying for the drug testing is in 14.6 which again, contradicts 7.5. Finally, a \$500 fee that equates to a higher annual interest rate than 60% would likely fall into the Criminal Code in regard to the maximum lawful interest that can be charged in Canada.

Second – Rhaea

Motion - withdrawn

Propose adding to 14.6 a Clause C with the following wording

"invoices with balances of greater than 21 days will cause to be charged to the recipient 3% per month on the outstanding balance.

Motion - withdrawn

POLICIES

Policy 2.1.3

Current Wording: 2.1.3 The President is responsible for the following: e) Assist in guidance and direction, if necessary, with the world team, coaching, and any other committee; and

Proposed Wording: 2.1.3 The President is responsible for the following: e) Assist in guidance and direction, if necessary, with the national team, coaching, and any other committee; and

Rationale: We only have national teams, not world teams.

Second – Gabe

Motion - passes

Policy 3.3

Current Wording: 3.3 The term of all chairpersons and committee members shall be two years. However, the board may appoint or remove chairpersons and/or committee members at any time during a given term.

Proposed Wording: 3.3 The term of all chairpersons and committee members shall be two years. However, the board may appoint or remove chairpersons and/or committee members at any time during a given term. The term of the chairpersons and committee members shall be as follows: Even

years: Officiating Chairperson, Records Chairperson, Social Media Director, Webmaster Chairperson, Disabilities Integration Committee, Coaching Committee, Competition Committee
Odd years: Technical Committee, Registration Chairperson, Championships Chairperson(s), Medical Committee, Doping Control Committee, Coaching Program Committee, Ethics Committee

Rationale: If we can offset the terms of the various chairpersons and committees, it makes for less change each year and therefore can ensure better transitions between these positions and is better for the long term development of the CPU.

Second – Angelina

Motion - withdrawn

Policy 4.3

Current Wording: 4.3 No Member Province shall be admitted to the CPU whose Bylaws and Policies have not been examined by the Board and must be found compatible with the CPU Bylaws and Policies in every way, and to be in the best interests of powerlifting in Canada. Any proposed change to existing provincial bylaws and policies must be submitted annually to the Board for approval.

Proposed Wording: 4.3 No Member Province shall be admitted to the CPU whose Bylaws and Policies have not been examined by the Board and must be found compatible with the CPU Bylaws and Policies in every way, and to be in the best interests of powerlifting in Canada.

Rationale: The Member Provinces should be able to govern themselves as their own organization without having to submit their policies and bylaws to the board for approval, as long as they remain compatible with the CPU Bylaws and Policies as stated.

Second - Angelina

Motion - fails

Policy 7.24

Current Wording: 7.24 At all International Championships, the coaches have the final say as to the Registrant's attempts. The Registrant may make suggestions only and must be made aware of this situation prior to team selections.

Proposed Wording: Remove 7.24

Rationale: This is covered in 20.0 (coaching); 19.2 in that section so should be removed from 7.24.

Second - none

Motion - fails

Policy 8.2.26

Current Wording: 8.2.26 Provincial team standings will be calculated, but only for the purpose of rankings, not for awards in the following categories: Open, Masters, Junior and Bench.

Proposed Wording: Remove 8.2.26

Rationale: This is not typically done, and 10.5 outlines the Best team award.

Second - none

Motion - fails

Policy 10.4

Current Wording: 10.4 At National Championships, provincial standings will be calculated, but only for the purpose of rankings, not for awards in the following categories: • Open; • Masters; • Junior; and • Bench Press Only. Such criteria to be developed by the Championship Committee.

Proposed Wording: Remove 10.4

Rationale: we do not do this, and 10.5 outlines the Best team award so this should be removed.

Second - Gabe

Motion - passed

Policy 10.5

Current Wording: 10.5 At the annual Bench Press National Championships the award for the Best Male Bench Press (by IPF Formula) shall be known as the Bill Jolley Memorial Award, in recognition of an exemplary CPU member who passed away in 1997.

Proposed Wording: remove 10.5

Rationale: This is already stated above in policy 8.2.27 so this second listing of it is redundant and should be removed. Note: there are currently two 10.5 in the policies, but this is in reference to the one listed above.

Second - none

Motion - fails

Policy 16.6

Current Wording: 16.6 f) For the practical examination, the applicant shall sit before at least two, and not more than three, referees of national or higher rank, and adjudicate a minimum of one hundred attempts while serving as chief referee; g) The practical examination must be administered by at least one IPF referee on the jury. Other adjudicating referee's may be of national rank. During the practical examination, a minimum of 100 attempts must be adjudicated. If necessary, the practical examination may be spread over more than one competition, with the same IPF level adjudicator;

Proposed Wording: 16.6 f) For the practical examination, the applicant shall sit before at least two, and not more than three, referees of national or higher rank, and adjudicate a minimum of one hundred attempts while serving as chief referee. If necessary, the practical examination may be spread over more than one competition.

Rationale: F and G are contradicting themselves, so this should be re-worded to clear things up based on current practices.

Second - none

Motion - fails

Policy 17.5

Current Wording: 17.5 A registrant who achieves a regional or national qualifying total is then eligible to compete at any chosen weight class at the regional or national championships they qualify for.

Proposed Wording: Remove 17.5

Rationale: This is covered in 17.9 so is a duplicate statement.

Second - Thea

Motion - passes

Policy: Appendix "F" – Youth Division

Current Wording: Lifting Equipment at Regionals and Nationals

Y1 & Y2 a 15kg bar shall be used

Y3 a standard 20kg bar shall be used

Full diameter (45cm) “bumper plates” may be used for deadlifts when necessary to ensure the bar height from the floor is the same for all lifters.

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Proposed Wording: Lifting Equipment at Regionals and Nationals

Y1 ~~will~~ **may** use a 10kg bar

Y2 ~~will~~ **may** use a 10kg bar

Y3 ~~will~~ **may** use a 15kg bar

Full diameter (45cm) “bumper plates” may be used for deadlifts when necessary to ensure the bar height from the floor is the same for all lifters

Rationale: When we look at long term athlete development in youth athletes, we should be modelling it to build up to the 20kg bar. A 15kg bar for youth 1 and 2 divisions is too large for 8-11 year olds to build technique with. Using a 10kg bar allows for youth 1 and 2 to develop their technique before having to worry about handling a 15kg bar.

Second - Jeremie

Motion – passes

m. Election of new Directors

1. Vice President Programs Director - Jeff Butt (incumbent)
2. Treasurer - Renae Witzaney (incumbent) – see attached

n. Adjournment

Second – Nicolas

Motion - passes

Items for Discussion

Alberta Discussion Items

- Discuss process provinces should use to verify entrants’ requirements for athletes registered for National/Regional Championships
- Discuss options for provinces to access list of valid CPU members for verification for meet entry

CPU Board Discussion Items

- Discussion about Esportsdesk registration for all competitions
 - OPA registrar checks memberships
 - MPA registrar checks membership and CCES
 - Quebec also does this
 - OPA asked about auto-renewal of membership
 - OPA asked about receiving a reminder email, which it already does
- Reserve policy (see attachment)
 - No questions
- Increase in referee reimbursement maximums to \$165/night for hotel and \$0.35/km (see attached updated policy)
 - No questions
- Change to international referee reimbursement policy (see attached updated policy)
 - Rhaea asking about process for refs to apply to go to the meets
- No ID required for youth lifters at weigh in/equipment check
 - No questions
- Discussion about allowing parents of youth in warm up room or requiring a certain ratio of youth lifter to coaches
 - Angelina vulnerable and should have parent
 - Carolyn agrees there should be a parent in the back
 - Gabe is on the fence, not sure if extra body is in the back, he suggests ratio of 1 to 1
 - Renae to amend policy to include 1 to 1 ratio
- 90 day renewal window for memberships (esportsdesk currently looking into maintaining current expiration date and will get back to me prior to AGM)
 - Garrett asked if there is a policy followed to ensure all international competitions memberships are checked to ensure they are valid for the duration of the championship.
- Viability for creating CPU approved equipment list and future ER Rack approval
 - Nicholas is for a CPU equipment list
 - Gabe is in favor of forming a committee responsible to this
 - Garrett is for the CPU list
 - Carolyn asks having the ER rack extended as approved past 2024
 - Renae if we are charging to be on the list, what if ER decides they don't want to pay
 - Jeff thinks it is either IPF policy or we open it up to everyone
 - Gabe suggests we create the committee and framework, then bring back to the board and executive to vote if we want to take that route.
 - Garrett would be on the committee
 - Jeremie would be on the committee

Gabe Festing - Qualifying Total Review

Requesting that the competitions committee and the Broad review the current qualifying standards to be ratified by the member provinces in the first quarter of 2023. I feel that it is time for another increase in the qualifying total for both regionals and nationals. I would like to take the approach of only increasing certain weight and age class totals. We are at the point of having 20+ athletes competing in some weight classes. We must also consider this for the reason of keeping the total number of athletes at National under 500 and 300 at Regionals to make these events manageable for the meet directors, CPU, referees and volunteers

- Angelina concerned about timing since last change was in 2019 especially given pandemic was in the middle there
- Rhaea doesn't think changing just a handful of classes is a good idea as people will just find a way to compete, like moving weight classes
- Garrett thinks we need a direction, selective and competitive or open to entire membership, agrees you can't just adjust certain classes

- Thea thinks QTs need to be updated, thinks should be based on IPF points rather than Wilks, blanket for open and then taking off certain percentages for younger and older athletes
- Shane thinks we should have targeted QT changes for certain weight classes, also keeping nationals as one event, we will soon have to reduce the number of athletes
- Rhaea has questions, how many people we want at Nationals, what is the max number in age or weight class, nationals 2024 is an anomaly as we don't know what to expect, impact of covid on the nationals representation and reason for not changing QTs last year
- Shadie asks if it is possible to cap weight classes at Nationals
- Rhaea said there is potential for that but would have to completely restructure how people qualify for Nationals, like getting an invitation to nationals based on your placing at certain meets
- Gabe suggesting the premium nature of nationals would likely have to change as you wouldn't be able to do that with 300 entries etc.
- Jeff discussing top athletes from each age and weight class as a potential way to widdle down the number

SPA 2022 DISCUSSION ITEMS FOR AGM

Policies and Procedures Document

Policies and procedures document has become so convoluted with so many appendices, and then additional policy documents listed in other formats on the CPU website. Could we better re-organize all of this information so that it is more easily accessible for all members and registrants?

Perhaps there could be a committee formed to re-do all policy, and then the CPU could have a special meeting to accept it and put the better formatted documents in place prior to the next AGM?

- Rhaea, to have everything in one document rather than a bunch of other documents and appendices to go searching or things
- Gabe thinks they are way easier and more organized
 - It is a work in progress and we will continue to change and make it better

2024 Nationals

A number of members have come forward with concerns regarding 2024 Nationals in early September, which include the following:

- Focus of Nationals shifted away from athlete's best interests to qualify for national team and adequately prepare for an international competition
- Due to the proposed 2024 Nationals time frame, athletes may have difficulty qualifying for subsequent national teams (2025) for international championships
- Timing of proposed 2024 nationals very close with other International events and athletes may have to choose national championship or world championship/international competition
 - Domino effect in regards to ineligibility for 2025 national teams
- Impact on school aged athletes and athletes with school aged children and timing of 2024 nationals (ie., start of school year)

In addition, this date change is in direct conflict with CPU Policies, including the following: • 8.2.2: Date and location of the National Championships shall be determined by the Board, Member Provinces and meet directors, as submitted at the CPU AGM two years prior to the requested National Championship to avoid conflict with any other national or international competition and allow for adequate time to organize.

- 8.2.4: All-inclusive National Championships are to be held between January 1 and March 6 or at the discretion of the Board. Efforts shall be made to hold all national championships at least twelve (12) weeks prior to their respective World Championships.

Based on the current IPF calendar, the new dates of Nationals will be within 12 weeks of the following championships:

- North American Powerlifting Championships (August 12-17)
- Classic & Equipped Sub Junior and Junior Powerlifting World Championships (August 25- September 1)
- Classic & Equipped Masters Powerlifting World Championships (October 13-20)
- Equipped Open Powerlifting World Championships (November 4-10)
- Additionally, it will likely be within 12 weeks of NAPF Bench Only and the Commonwealth Championships but these dates haven't been announced yet.

There has been no announcement as of yet as to how individuals will be able to qualify for these National Teams with Nationals within the timeframe of preliminary nominations. Athletes need to be made aware of how this qualifying will occur so they can develop their long term plans. We should want our top athletes to be competing at our National Championships to qualify to represent our country, but this change will not allow for these athletes to earn their spot on teams for 2024 through this event.

Revised after initial submission due to announcements the CPU made: Communication about qualifications for National teams has been provided, and we appreciate CPU's attention to this. With any announcements to changes (dates to Nationals, etc) that may impact national team selection, it may be helpful to also include clear communication for pathways and timelines for national team qualifications directly from CPU as soon as those changes are announced. This could help alleviate the numerous concerns and inquiries to provinces and subsequently to CPU.

- Garrett asks we have an attendance requirement for provinces to put in their input
- Renae asks Justin if there is flexibility on the week Nationals can be held in 2024
 - Venue isn't being very responsive, they have a request out to move it back a week
- Angelina asks how other provinces are reaching out to their members to get their input on the SGM topic
 - Carolyn – town hall with option of questionnaire that can be anonymous if can't attend the meeting
 - Garrett – ask all members to submit formal letters with approach that could be presented to the CPU and discussion of anonymous form however concerns that they could be filled out to non-members

- Angelina likes anonymous approach but appreciates the need to verify people are members
- Jeremie says that we should be talking to a lawyer before we make any changes
- Rhaea expressed concerns on who voted in the survey regarding the Nationals dates as she responded and wasn't a voting member at the time
- Jen said the biggest issue with the summer nationals is just that the week it is in PEI is the first week of school
- Justin discussed the timing that August was impossible to them, has concerns that if Sask gets the nationals in February, what is the game plan to ensure their Nationals is a success
 - The board will discuss and come back with an answer
- Rhaea suggested when date of 2025 Nationals is decided, the qualification process should be put out at the same time
 - The board will ensure to do this when a decision has been made

CCES discussion

- Presentation by Scott Grant
- Angelina
 - How many tests would be non NTP and RTP athletes
 - Alberta had 10 tests at a local meet in the beginning of the year last year, justification of 10 tests at a local meet and none for the rest of the year
- Nicholas
 - What improvements CPU could make for good standing with CCES
 - Transgender stance
- Gabe
 - No CCES presence at provincial championships in various provinces
 - Is hierarchy of tests negotiable
 - Putting meet subject to CCES rules on entry forms is not a deterrent
- Carolyn
 - Is CPU responsible for Para Powerlifting testing?
 - Gabe questioned why para testing is under CPU
- Renae
 - Can you make CADP agreement required to be signed off
- Rhaea
 - Who would we contact to get education to a meet
 - Are there other sports who only test their NAP level athletes and above?
- Scott to distribute presentation to Shane